

Qalbi Yoga
Malta Yoga Retreat
June 1st-6th 2026

‘Yoga is the golden
key that unlocks
the door to peace
and tranquility and
joy’ *BKS Iyengar*



Whether you are new to yoga or an experienced yogi, this retreat will leave you feeling healthy, grounded and joyful.

Whats included....

- Accommodation in a beautiful old Gozitan farmhouse:
- 5 delicious nutritious breakfasts
- 2 home cooked evening meals
- Daily meditation
- Morning and evening yoga practice – Vinyasa(dynamic), hatha(slower) and Yin.
- Pranayama(breathwork)
- Yoga Nidra
- Yoga adjustment classes



Whats not included

- Flights
 - Transfers
 - Complimentary therapies
 - Lunch and dinner other than whats included on the programme (there is a shared kitchen so snacks available to keep you going).
 - Alcoholic beverages
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- Important: Qali Yoga cannot be held responsible for any issues with travel.



Cost

- Cost of retreat is £875 per person (this is based on 2 people sharing).
- Arrangement can be made with the B&B next door for single travellers or for a triple room but priority will be given to those willing to share a double room.
- For more details or to book please contact:-
- Maria Pettman- 07880904039/qalbiyoga.com or on facebook
- Kim Hiles- 07906469882 Kim.hiles68@yahoo.co.uk

